13 Red Tent Declarations

Embody the power of each declaration by reciting
and meditating on one a day or one a month

I CELEBRATE my BODY, a masterpiece in motion.

I DANCE to the rhythm of my HEART, wild and free.

I EMBRACE my STRENGTH, a force of nature!

I SOFTEN into my Feminine.

I STAND FOR DIGNITY and the well being for all.

I RECLAIM my POWER breaking chains and soaring high.

I LEAN INTO my PASSION, embracing the fire within.

I SPEAK my TRUTH with courage and authenticity.

I STAND FOR JUSTICE, a warrior for what's right.

I CHOOSE my JOY, filling my life with sunshine.

I HONOR my SOUL, a divine spark igniting within.

I HONOR THE POWER of Community.

I AM GRATEFUL to the Great Mother, Source of all Life